

TAI CHI CHUAN

for Adults 50+



Five Phase System



Classes forming now for Apr 17, 2018 !

SiGung Jon Walker, PhD has 25 years experience in Tai Chi and teaches techniques with practices that provide all the health benefits. Beginner to seasoned students accepted. We will be incorporating QiGong (the holistic health component) into the Tai Chi choreograph!

Enroll for 10 wks of classes: Apr 17 - Jun 19, 2018 each Tuesday 10-11:00 a.m.

Location:

Willingboro Senior Center, 429 JFK Way, Willingboro, NJ 08046

CUT on dotted line & return BELOW portion with your non-refundable remittance

Tai Chi Ch'uan for Adults 50+

Apr 17 - Jun 19, 2018

Name: _____

Address: _____

City/Town: _____ State _____ Zip _____

Phone: (____) _____ Email: _____

Make our payment of **\$31.99**: Cash Credit Card Invoice Check (# _____)

Make out checks to: **QISSAGE BODY SYSTEMS, LLC**

3 Warwick Rd Eastampton, NJ 08060

For more information, contact: SiGung Jon Walker @ (609) 923-4999 or email: yangqichen@aol.com