

TAI CHI CH'UAN

for Adults 50+



Classes forming for January 8, 2019 !

SiGung Jonathan B. Walker, PhD has over 25 years experience in Tai Chi and teaches techniques with practices that provide all the health benefits.

We will be exploring the Tai Chi philosophy, QiGong and the Tai Chi choreograph! Enroll for these 10 wks of classes: Jan 8 - Mar 12, 2019 each Tuesday 10-11:00 a.m.

Location:

Willingboro Senior Center, 429 JFK Way, Willingboro, NJ 08046

CUT on dotted line & return BELOW portion with your non-refundable remittance

Tai Chi Ch'uan for Adults 50+

January 8 - March 12, 2019

Name: _____

Address: _____

City/Town: _____ State _____ Zip _____

Phone: (____) _____ Email: _____

Make our payment of **\$31.99** by: Cash Credit/Debit Card Invoice Check (# _____)

Make out checks to: **QISSAGE BODY SYSTEMS, LLC**

Mail registration & remittance to: **3 Warwick Rd Eastampton, NJ 08060**

For more information, contact: SiGung Jon Walker @ (609) 923-4999 or email: yangqichen@aol.com